

Post-operative care for Liposuction

Liposuction is generally a painful procedure and oral pain relief will need to be taken post-operatively for the good part of a week. Oral antibiotics are also prescribed for five days. A garment will be fitted post-operatively in the operating room. I would usually tell patients to bird bath for the first 2-3 days until a lot of the pain has settled and then they can remove their garment, have a shower and put the garment back on. The garment should be worn for 4-6 weeks. If the garment is easily to remove like an abdominal binder, I am happy for patients to shower 24 hours post-operatively and then to apply the binder. The dressings over the wound can get wet and will be looked at, at about 10-12 days post-operatively at which point the sutures will be removed and wearing scar cream and tape will be discussed.